

## HOMOEOPATHY – A DESIGNER’S APPROACH

“ Being unique is a gem,  
Life is a beauty,  
Experiencing it is PLEASURABLE GIFT OF EXISTENCE”

We at Swasthya Homoeopathic Healing present you with this article to give you an aerial view of the Homoeopathic system of medicine.

Many of our patients sometime or the other come to us with doubts like,

“I just have hairfall but why do you ask me so many questions about my nature, my likes dislikes ? Is it a Psychogenic problem? It’s so crazy, funny. Why do you need to talk to me for such long hours? What have dreams to do with my problem ?”

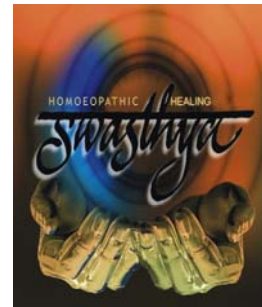
“ Doctor, How does Homoeopathy work?”

“ Does Homoeopathy have cure for Diabetes, Cancer?”

So here through this article we would like to share A few aspects about Homoeopathy & help you find answers to your queries. And much more !!!!

Let us start our journey to understand Homoeopathy, with a quote by Joseph Campell which is truly resonant with the philosophy behind the Homoeopathic science.

**“THE PRIVELEGE OF A LIFETIME IS BEING WHO YOU ARE.”**



Every individual born on this Planet Earth has been blessed with this unique, precious existence of life which is special & truly unique!

Each of us no matter our calling, absolutely, totally, unpredictably, irreplaceably are one- of- a – kind UNIQUE !!!!! In the way how an individual feels/ thinks/ perceives/ senses/ reacts/ copes up with his illness, to the situations, the surroundings, the whole world around him & the incidences which had a deep impact on him. Perhaps, every individual stands as THE MOST UNIQUE DESIGNER CREATION in this Universe ! It is GOD who plays the designer's role, thus creating a UNIQUE DESIGNER'S LIFE to each & every individual person existing on this Planet Earth.

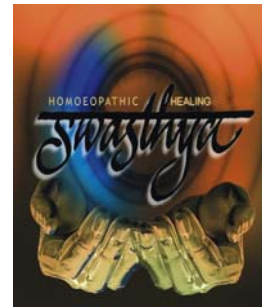
Let us understand this in a much simpler way from the example of **a tailor made & a unique designer creation.**

An ordinary tailor will stitch the clothes as you have given him, according to your size, pattern you select and charge an amount. But a designer for the same job will have a different approach! The designer will study you, your physique, your complexion, your personality, the occasion to be worn, the colour which will suit you the best, what pattern will go with your personality..... all this with your interest. With you in the centre, involving you as a whole. The Designer will then stitch your garment which will be meant only for you, suiting your individuality. Only you and nobody else will complement that garment than you.

Homeopathy believes in understanding this UNIQUE DESIGNER CREATION where a person's physical as well as mental make up is understood on the basis of his individuality & treated holistically irrespective of his sufferings, in a holistic way from where this UNIQUE DESIGNER CREATION surfaces & further unwinds.

We try to understand what is embedded in each & every individual person, the I of you, the characteristic qualities distinguishing you from others. The innermost essence of you, the being or the substance in you, that which is the highlight of you, giving a HUMAN CENTRIC APPROACH !!!!!

During this whole case witnessing process we Doctors at Swasthya Homeopathic Healing strive to understand this UNIQUE



DESIGNER CREATION aspect of YOU by taking you along an enlightening journey towards the HUMAN CORE in a step by step fashion where an individual's mask uncovers, removing the common part of him to reach to this UNIQUE DESIGNER CREATION part in you. That beauty of nature which is hidden in you, which you are not in touch with in your day to day life or which you are aware but have not been able to experience it.

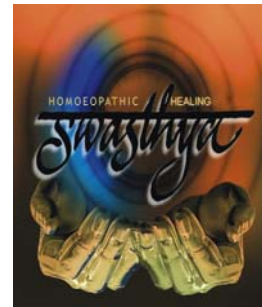
The more you spent time with a HOMOEOPATH, step by step he helps you take you towards your UNIQUE DESIGNER / HOLISTIC / INDIVIDUAL part of you. This whole experience is done with the permission to go deep within at the dynamic level, so you have an mirror image of yourself which is the reflection of that UNIQUE DESIGNER CREATION.

This UNIQUE DESIGNER CREATION can be explored by giving a Homoeopathic medicine meant for you ie The SIMILIMUM for you & secondly, by making you aware of that UNIQUE INDIVIDUAL aspect of you , which is the 1<sup>st</sup> step towards Healing.

To explore this Uniqueness, we have created a method to understand the human core to the maximum, termed as **A HUMAN CENTRIC DESIGNER'S APPROACH OR THE CAMERA FOCUSING TECHNIQUE.**

It is divided into 3 parts.

In the 1<sup>st</sup> part, we listen to the patient passively (yet very alert) whatever he wants to speak about. Like just before clicking the picture how does the photographer see the broad frame through his camera. Similarly, the Doctor perceives what the patient is expressing, things he is sensitive to. What the patient's focus is. When the patient is done with his details, the Doctor adjusts the camera's focus i.e. is understood the patient's focus thereby ready to go to the next step.



The 2<sup>nd</sup> part is about the focusing of the picture, zooming in, getting adjusted for the picture. Here, the broad frame of the person is narrowed down to the essential part of the patient's picture. The Doctor confirms to the part the patient is sensitive to.

Later, in the concluding 3<sup>rd</sup> part, the Doctor will confirm by exploring the different areas if not detailed before by the patient, to clarify whether the same pattern exists in the patient's subconscious areas like dreams, interest & hobbies, other areas like fears, incidences causing deep impact on you.

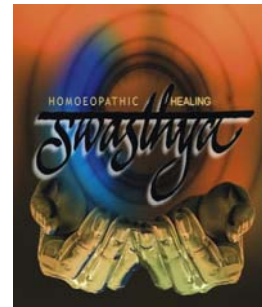
Only when the Doctor is 100% sure, he will conclude that the case is complete & will give the medicine in form of a remedy to heal him further i.e. when sure of the focus & click the picture !!!

During this process, we record the entire experience of yours for further references & research work to see your improvement as a whole & to note your gestures, body language if missed before.

These are a few excerpts by our patients after their 1<sup>st</sup> interview .....

**“ I didn't understand but I came with words alive within me”**

For this purpose, we schedule the 1<sup>st</sup> interview appointment such that every patient as a priority is given maximum time to be well understood without any disturbances. Only the patient is called in the Doctor's room as he is the only one who can best express about him & nobody else. In cases of infants, toddlers, parents are inquired regarding the child's history & his nature.



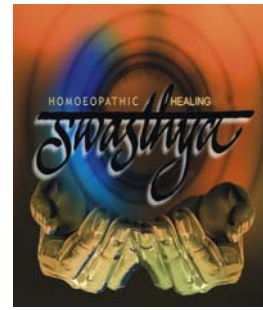
The amount of time taken during the 1<sup>st</sup> interview depends on the patient's details, his individuality, mental as well as physical make up, the Level of experience with himself, till he is well understood. Time required for exploration, type of questions asked and the medicine given is based on his individuality.

Thus after an extensive study & search, the medicine is selected. Homoeopathic medicines are prepared from natural sources of plants, animals, minerals, imponderables depending upon the details of the patient. The extract of that substance is taken & further potentised to match with the energy of the patient & given to the patient.

Along with the Regular medicines, the remedy is given to the patient in the form of S.O.S. Powder. It can be taken in case of emergency but only after consulting the Doctor, to give quick results.

Since the process is so individualistic, other family members should not take that medicine. As that medicine will not benefit anybody else, as it's only specific to the patient. Homoeopathy does not have any patent or disease specific medicine. So there is no specific medicine for Diabetes or Cancer or Renal stones etc. **HOMOEOPATHIC MEDICINES ARE PATIENT SPECIFIC NOT DISEASE SPECIFIC!!!** As long as the Doctor can understand the pattern or the essence of the patient he can cure the patient or atleast give relief in extremely irreversible diseases.

We hope we were able to answer your queries through this piece of article.



For more information you can visit our website:

[www.homoeohome.com](http://www.homoeohome.com).

or mail your queries on [swasthyaclinic@vsnl.net](mailto:swasthyaclinic@vsnl.net).

We would be delighted to help our patients in all ways possible.

Good wishes, wish you a very healthy hearty life through Homoeopathy!!!!!!